

## Welcome to Nartnapa Thai Kitchen!

Nestled in the heart of Lynbridge, a charming suburb of Lynton and Lynmouth, Nartnapa Thai Kitchen brings you an authentic taste of Thailand. Our founder, Nartnapa, is a Thai national who trained under the renowned Thai celebrity chef Yingsak and even had the honor of cooking alongside him on Thai national television. With over a decade of culinary experience here in Lynbridge, Nartnapa now leads our dedicated kitchen team with passion and expertise.

We are incredibly proud of our team members who help make Nartnapa Thai Kitchen special, please enjoy they're company and show them the love and respect that they show towards our customers.

We thank you for choosing to dine with us and hope you enjoy your visit to this beautiful area. During peak seasons, we kindly ask for your patience as waiting times may increase. Your understanding is greatly appreciated.

Thank you for your visit, and we hope you have a delightful dining experience at Nartnapa Thai Kitchen!

Prawn crackers with sweet chilli £4.50

## Starters

Vegetable spring rolls. £9.50 V

Tempura Squid £9.50

Thai Fishcakes £10.25 GF

Duck spring rolls £9.75

Filo Prawns £9.75

## TomYam Soups

TomYam Chicken small £9.50 GF

TomYam Chicken Large £11.50 GF

TomYam Seafood small £10.50 GF

TomYam Seafood Large £12.50 GF

TomYam Mushroom small £7.50 GF

TomYam Mushroom Large £9.50 GF

## **Thai Curries**

Coconut based curries cooked with herbs and spices to create a beautiful rich sauce in which we cook, meats, vegetables or seafood.

Chicken Green Curry £15.50 GF

Pork Green Curry £16.00 GF

Vegetable Green Curry £15.50 GF. VE

Prawn Green Curry £17.50 GF

Vegetable Pannang curry £15.50 GF VE

Prawn Pannang curry. £17.00. GF

Pork Pannang curry. £15.75 GF

Chicken Pannang curry £15.50 GF

## **Pad Thai**

Pad Thai is a classic Thai dish, served from the corners of the streets on Bangkok to the most finest dining establishments.

Pad Thai consists of rice noodles and egg, hot wokked in a sweet Tamerind sauce and served with peanut.

GF option but please ask.

Pad Thai Chicken £16.00

Pad Thai Prawn £17.00

Pad Thai with Thai Omelette £15.00 V

## **Side dishes**

Steamed Jasmine rice £4.75 GF VE

Egg Fried rice £4.75 V

## **Classic Stir Fry** ( Available with or without Noodles )

Meat, Prawn or vegetable option of your choice hot wokked with various Thai flavours, Stir fry dishes can be gluten free depending on availability or specialist sauce at time.

Chicken £16.00

Pork £17.00

Prawn £18.00

Vegetable £15.50

Available flavour options

Chilli and Basil

Ginger

Oyster Sauce

Black Pepper

Chicken and Cashew £17.00

Thai stir fry similar to sweet and sour.

## **Childrens menu**

Due to the sharing nature of Thai food we do not have a specific Children's menu, simply order a few dishes as a family and share, however if you feel your children would prefer something a little more simple than the food you fancy we can cook **Kaw Pad Kai** ( chicken over fried rice ) which children really enjoy and it is priced at £10.00

## **Dessert**

Freshly made daily

( Sample Menu )

Sticky Toffee with butterscotch sauce, served with caramel ice cream £9.50

Filo Banana with butterscotch sauce £8.50

Chocolate Brownie GF £9.50

Coconut ice cream £6.00

Caramel ice cream £6.00

Vanilla Ice cream £6.00

Mango Sorbet £6.00

## Allergy

We take great care in catering for Allergies and can offer a good selection for most, Please be aware that you must make your server aware of an allergy so they can inform the kitchen, Please help us in managing risk by ensuring you have your epipen with you.

Although we are confident in our system we can never rule out cross contamination in a small and busy kitchen so we ask if you have a life threatening allergy that you make us fully aware by stating LIFE THREATENING allergy and we will either give you an option of a premade premium meal which has been made in a factory elsewhere in a controlled environment or ask that you accept our apologies in us being unable to serve you.

Your safety and the mental wellbeing of our team is our primary concern, we will not risk either.

## Starters

Tempura Squid, Thai Fishcakes and Chicken wings are all Gluten Free but please be aware that they are cooked in the same fryer as Spring rolls which contain gluten, this is due to the local electrical system not being large enough and we have to manage our usage.

A couple portions of fish cakes are cooked in the first oil daily, please ask for one of these portions if you feel it is necessary for your requirements.

Curries are Gluten Free but please make us aware you are Gluten intolerant so we can treat your meal with due care and attention.

Soups can be fully Gluten Free

## Stir Frys

All can be Gluten free on request

## Noodles

Can be Gluten free on request

If you would like to see individual dishes Allergen information please request off of your server, we do ask even with this information that you notify us of any allergens and use the information as a guide only, our communication is of the utmost importance.